

Resources for Neurodiverse Couples

Organizations

Asperger / Autism Network (AANE) (referrals, trainings, support groups)
<https://www.aane.org>

The Autism Society
<https://www.autism-society.org/>

Autistic Self-Advocacy Network (ASAN)
<https://autisticadvocacy.org/>

Autistic Women & Nonbinary Network (AWN)
<https://awnnetwork.org/>

Reframing Autism
<https://reframingautism.org.au/>

SPECTRUM Autism Support Group (resources, education, support groups)
<https://www.atl-spectrum.com/>

Articles

Gonden, R. (2019). How to Make Your Relationship Work When Your Partner Has Autism
<https://www.healthline.com/health-news/how-to-live-with-a-spouse-who-has-autism>

Kaufman, Scott B. (2020). Autistic People Make Great Social Partners If You Actually Give Them a Chance
<https://blogs.scientificamerican.com/beautiful-minds/autistic-people-make-great-social-partners-if-you-actually-give-them-a-chance/>

Mendes, E. (2015). Married to A Partner On the Autism Spectrum?: A 14-Step roadmap for couples where one partner might be on the autism spectrum.
<https://www.psychologytoday.com/us/blog/the-heart-autism/201511/married-partner-the-autism-spectrum>

Strengths and Challenges of an Asperger Profile. <https://www.aane.org/what-is-an-asperger-profile/>

Wheeler, M. (2020). Tips for women in relationships with partners on the autism spectrum. <https://www.iidc.indiana.edu/irca/articles/tips-for-women-in-relationships.html>

Books

Arad, P. (2020). When Your Man is on the Spectrum: To Know, Understand & Transform Your Relationship. eBookPro Publishing. www.ebook-pro.com.

Ariel, C. (2012). Loving Someone with Asperger's syndrome: Understanding and connecting with your partner. Oakland, CA: New Harbinger Publications, Inc.

Aston, M. (2012). What men with Asperger syndrome want to know about women, dating and relationships. London: Jessica Kingsley Publishers.

Aston, M. (2014). *The Other Half of Asperger Syndrome (Autism Spectrum Disorder). A Guide to Living in an Intimate Relationship with a Partner who is on the Autism Spectrum.* London: Jessica Kingsley Publishers.

Aston, M. (2021). *The Autism Couple's Workbook, Second Edition.* London: Jessica Kingsley Publishers.

Attwood, T. (2015). *The complete guide to Asperger's Syndrome. (Rev. ed.).* London: Jessica Kingsley Publishers.

Attwood, T., Evans, C. R., & Lesko, A. (Eds.). (2014). *Been there, done that--try this!: An Aspie's guide to life on earth.* London: Jessica Kingsley Publishers.

Bentley, Katrin. (2007). *Alone Together: Making an Asperger Marriage Work.* London: Jessica Kingsley Publishers.

Carman, L. (Ed.) & Attwood, T. (2018). *Between you and me: Personal stories from neuro-diverse couples.* Kindle Edition.

Finch, D. (2012). *The Journal of Best Practices: A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to Be a Better Husband.* New York: Scribner.

Hendrickx, S. (2008). *Love, sex and long-term relationships: What people with Asperger syndrome really really want.* London: Jessica Kingsley Publishers.

Hendrickx, S., & Newton, K. (2007). *Asperger syndrome: A love story.* London: Jessica Kingsley Publishers.

Marshack, K.J. (2009). *Life with a Partner or Spouse with Asperger Syndrome: Going Over the Edge? Practical Steps to Saving You and Your Relationship.* Shawnee Mission, KS: AAPC Publishing.

Marshack, K.J. (2013). *Out of Mind- Out of Sight: Parenting with a Partner with Asperger Syndrome (AS).* CreateSpace Independent Publishing Platform.

McNulty, K. (2020). *Love and Asperger's: Practical Strategies to Help Couples Understand Each Other and Strengthen Their Connection.* Emeryville, CA: Rockridge Press.

Mendes, E. (2015). *Marriage and Lasting Relationships with Asperger's Syndrome. (Autism Spectrum Disorder): Successful Strategies for Couples or Counselors.* London: Jessica Kingsley Publishers.

Moreno, S. (2011). *The Partner's Guide to Asperger Syndrome.* London: Jessica Kingsley Publishers.

Morrow, J. (2021). *Loving Your Place on the Spectrum: A Neurodiversity Blueprint.* Portland, OR: Beyond Words.

Nannery, S., and Nannery, L. (2021). *What to Say Next: Successful Communication in Work, Life, and Love - with Autism Spectrum Disorder.* Tiller Press.

Peters, T. & Peters, L. (2016). *Our socially awkward marriage: Stories from an Asperger's relationship.* Tulsa, OK: Brookside Press.

Pike, J., & Attwood, T. (2019). *Neurodiverse Relationships: Autistic and Neurotypical Partners Share Their Experiences.* London: Jessica Kingsley Publishers.

Preston, M. and Preston, A. (2022). *Friendship Love Autism: Communication Challenges and the Autism Diagnosis that Gave Us a New Life Together.* BellaMima Lifestyles Inc.

Robison, J. E. (2008). *Look me in the eye: My life with Asperger's.* Three Rivers Press; Reprint edition.

Rowlands, K. (2017). *Walking on eggshells: Confessions from an Asperger marriage and how we made it work*. Northumberland, England: Old Tavern House.

Simone, R. (2012). *22 Things a Women with Asperger's Syndrome Wants Her Partner to Know*. London: Jessica Kingsley Publishers.

Simone, R. (2021). *22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome*. London: Jessica Kingsley Publishers.

Slee, K. (2016). *Asperger marriage and relationships: Insights from the front line*. ARC Publishing (Karen Slee).

Stanford, A. (2013). *Troubleshooting Relationships on the Autism Spectrum: A User's Guide to Resolving Relationship Problems*. London: Jessica Kingsley Publishers.

Stanford, A. (2014). *Asperger Syndrome (Autism Spectrum Disorder) and Long-Term Relationships*. Second Edition. London: Jessica Kingsley Publishers.

Wilson, B. (2022). *Have they Gone Nuts?: The Survival Guide to Social Interaction in Neurodiverse (Autistic-Neurotypical) Relationships*. Ultimate World Publishing.

Blogs, Videos, Podcasts

Blog Posts

Eynon, L. (2019). My Husband was Diagnosed with Asperger's at 55. Here's How it Improved Our Marriage. https://www.huffpost.com/entry/diagnosed-with-aspergers-as-an-adult_n_5d49d7b4e4b0d291ed07fe97

Finch, D. (2011). How an Asperger Syndrome Diagnosis Saved My Marriage. https://www.huffpost.com/entry/asperger-syndrome-marriage_b_1211295

Finch, D. (2012). Love is Blind - Marriage is the Eye-Opener. <http://jerobison.blogspot.com/2011/12/love-is-blind-marriage-is-eye-opener.html>

Healing Cassandra
<https://www.healingcassandra.com/blog>

Marshack, K. J. <https://kmarshack.com/category/blog/>

Musings of an Aspie. (2013). Asperger's and Marriage: Lessons from an Aspergers-NT Marriage. <https://musingsofanaspie.com/aspergers-and-marriage/>

Your Tango. (2017). The Gift of Being Married to a Man with Asperger's. https://www.huffpost.com/entry/the-gift-of-being-married-to-a-man-with-aspergers_b_58e2bb32e4b09dbd42f3d970

Podcasts

Dave. The relationships podcast hosted by an idiot. (author, The Journal of Best Practices)
<https://thedavepodcast.com/>

Exploring Different Brains (autism, neurodiversity, mental health)
<https://www.differentbrains.org/>

Healing Cassandra

<https://www.healingcassandra.com/podcast>

Neurodiverse Christian Marriage (interviews with invited guest speakers)

www.christianneurodiversemarriage.com

Neurodiverse Love (neurodiverse couples community)

www.neurodiverselove.com

Neurodiverse Love-Sharing Lessons Learned and Lived Experiences in Neurodiverse Relationships

<https://podcasts.apple.com/us/podcast/neurodiverse-love-sharing-lessons-learned-and-lived/id1533715556>

Spectrumly Speaking (women and autism)

<https://www.differentbrains.org/>

Videos

Asperger's from the Inside:

<https://www.youtube.com/c/AspergersfromtheInside/featured>

Dater, B. (2021). The Asperger/Autism Network Interview – A New Understanding of Asperger's and Autism. <https://www.aane.org/aane-interview-brenda-dater/>

Attwood, T. (2016). Could It Be Asperger's? <https://www.youtube.com/watch?v=LuZFThOjJl>

Finch, D. (2011). An Asperger's Diagnosis Transforms One Couple's Marriage

<https://www.youtube.com/watch?v=dmSmrT2SDaw>

How Autism SAVED My Marriage (2021). Questing Refuge. https://www.youtube.com/watch?v=_xlllyliRcBA

Houting, Jac den. (2019). Why everything you know about autism is wrong. <https://www.youtube.com/watch?v=A1AUdaH-EPM>

Hutton, M. (2020). Understanding Your AS or HFA Partner's Thinking and Behavioral Patterns. https://www.toutube.com/watch?v=V_bJ3RHgXAc

Love on the Spectrum (Netflix Series)

Mendes, E. and Myhill, G. Viewing Marriage and Long-Term Relationships Through an Asperger's Lens (2006) <https://www.youtube.com/watch?v=fFOMS16JOY0&t=1530s>

Shore, S. (2017). The Superpower of Autism TEDxAdelphiUniversity. <https://www.youtube.com/watch?v=Gk9T7ngEijs>

Sickels, L. (2020). Communication Challenges in Neurodiverse Relationships. <https://www.youtube.com/watch?v=cwtKfVx56il>