

Spectrum Fall 2018 Newsletter

Spectrum Monthly Meetings

Our Fall line-up has been set for our monthly meetings. Meetings take place the 1st Thursday of each month at the **First Baptist Church of Duluth** (2908 Duluth Hwy, Duluth, 230096) from 6:30-8:00 pm. Most meetings have break-out session, for Dads, Parents of Teens/Adults with Autism, Parents of Preschoolers, and our new Adelante Autismo breakout session, presented in Spanish, in addition to other topic breakouts— check our website for more details. [Atl-spectrum.com](http://atl-spectrum.com)

SEPT. 6 "Toolkits and Resources" - Janet Williams, Autism Speaks
"Managing Conflict Resolution with your Teen or Adult" Dr. Tyler Whitney, Psych.
"Planning for the Future" - DJ Jeyeram, Attorney and Michael Kipniss, Mass Mutual
"Spectrum Social Skills Program Overview" - Mary O'connell, Program Director
Adelante Autismo - Advocacy Strategies - Brenda Liz Munoz

OCT. 4 Spectrum's 20th anniversary celebration!
Pizza, Salad, drinks and cupcakes will be served. Free! JOIN US!
RSVP! [Atl-spectrum.com](http://atl-spectrum.com)

NOV. 1 Panel "What you Want to Know about Gwinnett's Autism Program"
- Gwinnett County Public Schools lead autism instructors
"Social Skills - Why, How, When?" - Courtney Sievers

DEC. 6 Spectrum's Annual Holiday Party - Bring a side dish or dessert to share!
Children will have their own party with pizza and drinks, special activities and more.
RSVP at atl-spectrum.com. You can sign up for free family photos with Santa, too!

Social Skills Groups and Childcare Offered During Monthly Meetings

Social Skills Groups for those with autism ages 4-adult are offered during our Thursday night meetings from 6:30—8:00. Additional groups are noted below:

Teen Social Skills Groups for those with Asperger's/High Functioning Autism,
Middle School Groups for tweens with Asperger's/Autism, **Sibling Social Group** (ages 5-12) and an **Adult Social Skills Group** for those ages 21 and up. **Childcare** is also offered for those under age 4. No RSVP required for these groups. A \$5.00 donation is suggested to help cover the program costs.



Spectrum Autism
Support Group
is on Facebook
LIKE us today
[@atlantaspectrum](https://www.facebook.com/atlantaspectrum)

Social Skills Programs

Technology Club registration is now open for fall 2018 and winter 2019. This group will meet on Tuesday evenings from 6:30-8:00 pm in Buddy's Place, Annandale Village, ages 11-40, grades 6th and up. This program is interactive in nature and may include games, coding, web design, photo slideshows, recording and acting in videos.

DRAMA CLUB registration is open for ages 9-30 and will offer 2 sessions this year so you can commit to one or both! A production be held at the end of each session. (TBD)The fall session runs from Sept. 17 to Dec. 10, 2018 and Winter/spring session will run Jan. 28 to May 6, 2019 and meets on Monday nights from 6:30pm - 8:00pm in the Annandale Chapel, 3500 Annandale Lane, Suwanee, Register atl-spectrum.com



Dad's Only Outing TreeTop Quest, Buford

Obstacle course and zip lines!
Sept. 22, 10a-12:30p, Cost is only \$25/person
Register at atl-spectrum.com
for a fun adventure day with other dads.

Gift of Time Respite

Gift of Time Respite is offered one Saturday per month in collaboration with First Baptist Duluth. The 2016 Fall schedule is:

September 22, October 20, November 10

Registration is required for all attendees.
\$25 per child with autism.
Siblings free. Respite vouchers may be used.

RSVP at www.atl-spectrum.com

Camp Journey Overnight Weekend

November 2-4, 2018

Camp Journey is Spectrum's overnight camp focused on social skills, building friendships, teamwork, manners, and self-esteem. Camp activities include directed social skills instruction in a typical overnight camp setting. Camp takes place at Camp Twin Lakes/Will-A-Way at Fort Yargo State Park, Winder, GA. Cost is \$225 per camper (Respite vouchers, waivers and family support funds can be used). Weekends are a great way to reconnect friends made during summer overnight camp.

Ages 9 and up are welcome.

Our weekends start at 6:30PM on Friday and end at 10AM on Sunday. Our staff are experienced certified teachers or paraprofessionals trained in the field of autism.

Register at www.atl-spectrum.com



Georgia Race for Autism & Fall Festival



Saturday, October 6, 2018

Gwinnett County Fairgrounds

We hope to see many of our families at our 12th Annual Georgia Race for Autism and Fall Festival/Resource Fair

USATF certified course, 5K and 10K, 1 mile, 100-yard dash and tot trot.
Proceeds from the Race help support our camps and clubs programs!

Sign up to run the race, form a fundraising team, or volunteer at

www.georgiaraceforautism.com

Volunteer with Spectrum

We are always looking for great people to help us with our programs and events. To see what opportunities are available or to be added to our volunteer roster, please visit www.atl-spectrum.com and sign up using our volunteer form.

Studio Movie Grill

Spectrum is proud to team up with Studio Movie Grill (Duluth, Roswell, Marietta locations) for the sensory friendly showings. SMG offers these movies FREE for children with special needs and their siblings.

Adults pay just \$6 per ticket. Check out SMG's current special needs showings at www.studiomoviegrill.com

Our Mission Statement

Spectrum provides support, education and resources for individuals and families impacted by autism

SPECTRUM WISH LIST:

If you would like to donate items as an individual or group we could use:

Copy Paper, Playdough, shape cutters, puzzles, scissors for children, glue sticks, craft supplies. projector, small portable projector screen, little characters like animals, cars, super heroes, Lego, hand sanitizer, Bean bags, family size blow up pools, mini trampolines, crayons, markers, glitter, digital cameras(for technology program), gift cards, Bean bag chairs, Bean bag chair refills, and water and snacks for 50 for our monthly support group meetings, raffle items and silent auction baskets or other items.

Adopt us for the holidays! A great opportunity for scout groups, church small groups, school groups and businesses.

Contact Claire@atl-spectrum.com for more info! Thank you!