



Spectrum Fall 2017 Newsletter

Spectrum Monthly Meetings

Our Fall line-up has been set for our monthly meetings. Meetings take place the 1st Thursday of each month at the **First Baptist Church of Duluth** (2908 Duluth Hwy, Duluth, 30096) from 6:30-8:00 pm. Most meetings have break-out sessions for a Dads Group, Parents of Adults with Autism or Children with Asperger's, Parents of Preschool age Children in addition to the main topic.

September 7: "Separating Sound Practice from Fashionable Fads: Helping Parents Put Autism Treatments to the Test" presented by Clint Trust, Director of Services, Trusty Behavioral Services and "If You Don't Know Where You Are Going, You Might Not Get There, dealing with Executive Function issues" presented by Dr. Catherine Trapani with The Piedmont School. Staff from Georgia Community Support and Solutions will also be on-site to assist families with Family Support and Respite program information.

October 5: "Mobile Assistive Technologies with Free Apps and Extensions", presented by Colleen Phillips, Ph.D., and Emilie Johnson, MSOTR, from Access Ability.

"Preparing for Your Child's Future (learning about the PATH process, microboards and other tools for success)", presented by Ryan Johnson, Executive Director of Georgia Microboard Association.

November 2: "If Only We Knew Then What we Know Now", a parent panel sharing their wisdom and experiences.

December 7: Spectrum's Annual Holiday Party

Bring a side dish or dessert to share! Children will have their own party with crafts and a visit from Santa.

Social Skills Groups and Childcare Offered During Monthly Meetings - Social

Skills Groups for those with autism ages 4-adult are offered during our Thursday night meetings from 6:30-8:00. Additional groups are noted below:

Teen Social Skills Groups for those with Asperger's/High Functioning Autism, **Middle School Groups** for tweens with Asperger's/Autism, **Sibling Social Group** (ages 5-12) and an **Adult Social Skills Group** for those ages 21 and up. **Childcare** is also offered for those under age 4. No RSVP required for these groups. A \$5.00 donation is suggested to help cover the program costs. Respite vouchers may be used.



Spectrum Autism Support Group is on Facebook LIKE us today @atlantaspectrum

20TH Year Celebration Kick-off Oct. 29! Southeastern Railway Museum

Join us on Sunday, Oct. 29 3:30-6:00 pm at the Southern Railway Museum in Duluth for a Private Spectrum event

Bring your entire family for a train ride, fun, food and more!

This event will kick off Spectrum's 20th year and will be the first of many celebrations over this momentous year. Hope you will join us!



Announcing Spectrum's New Technology Club

We are excited to introduce our new Technology Club

we are piloting. This group will meet on Tuesday nights from 6:30-8:00 pm in the Gym at Annandale. This program is interactive in nature and may include projects such as: games that teach coding, web design, photo slideshows, recording and acting in videos. Starting Tuesday, 9/12/17, \$150 for the full session of 6 weeks. This program is suited for individuals ages 11-40, from grades 6th and up.

Register at atl-spectrum.com and to read more about the program.



RSVP at www.atl-spectrum.com

Spectrum Drama Club

Our next session of Drama Club will begin on August 21 and run through May 1. Drama Club meets on Monday nights from 6:30 to 8:30 in the gym at Annandale Village in Suwanee, GA. **Into the Woods** will be this year's production. **Register and get all details at www.atl-spectrum.com**

Gift of Time Respite

Gift of Time Respite is offered one Saturday per month 11:30am-3:30pm, in collaboration with First Baptist Duluth. 2017 Fall schedule is: August 19, September 16, October 21, and November 11. Registration is required for all attendees. A donation of \$25.00 per individual with autism is required and respite vouchers may be used. Typical siblings are free.
RSVP at www.atl-spectrum.com

Camp Journey Overnight Weekend

Camp Journey is Spectrum's overnight camp focused on social skills, building friendships, teamwork, manners, and self-esteem. Camp activities include social skills instruction in a typical overnight camp setting. Camp takes place at Camp Twin Lakes/Will-A-Way at Fort Yargo State Park, Winder, GA. Cost is \$200 per camper (Respite vouchers, waivers and family support funds can be used.).

CJ Weekends are a great way to reconnect with friends made during summer overnight camp while making new friends!

NOVEMBER 3-5, 2017

Our weekends start at 6:30PM on Friday and end at 10AM on Sunday. Our staff are experienced certified teachers or paraprofessionals trained in the field of autism.

Register at www.atl-spectrum.com



Georgia Race for Autism & Fall Festival



Saturday, October 7, 2017

Gwinnett County Fairgrounds

We hope to see many of you at our 11th Annual 2017 Georgia Race for Autism and Fall Festival - 8am to 12 noon, 5K, 10K, 1 mile, tot trot, 100 yard dash, Fall Festival with bounce houses, train, hayride, pony rides, petting zoo and more, silent auction and huge resource fair. This is Spectrum's largest fundraiser of the year. Proceeds from the Race help support our summer camps, programs and more! Come support us!

Sign up to run or walk, form a fundraising team, or volunteer at **www.georgiaraceforautism.com**

Volunteer with Spectrum

We are always looking for great people to help us with our programs and events. To see what is available or to be added to our volunteer roster, please visit **www.atl-spectrum.com** and sign up using our volunteer form.

Studio Movie Grill

Spectrum is proud to team up with Studio Movie Grill (Duluth and Roswell) for the sensory friendly showings. SMG offers these movies FREE for children with special needs and their siblings. Adults pay just \$6 per ticket. Check out SMG's current special needs showings at **www.studiomoviegrill.com**



Saturday Social Skills Groups

Spectrum Fun and Friends

Elementary, or middle/high children with moderate ASD

Spend a Saturday participating in fun activities, working on social skills and adaptive behaviors in a small group setting. 11a-3p

Cost: \$50 per Session

Saturday Social Skills Group

Elementary age children with HFA/Asperger's.

The group will meet from 11 am to 3 pm on Select Saturdays at Annandale Village

Cost: \$50 per Session

Respite vouchers, waivers and family support funds can be used for both groups.

Get more info at www.atl-spectrum.com

Our Mission Statement

Spectrum provides support, education and resources for individuals and families impacted by autism.