

Spectrum Adult Group (Phase One)

Group Purpose: The purpose of this group is to encourage and foster positive relationships with others so that the members will be able to be more confident and successful in social and other situations.

Requirements:

1. Members will do their best to attend at least one meeting a month.
2. Members will respond to e-mails in a timely manner.
3. Members will be friendly and open to others.
4. Members will try their best.
5. Members will voice their opinions, comments or concerns to either group leader at appropriate times.
6. Members will bring refreshments to share or money for activities as necessary.
7. Members will try things out of their comfort zone for the group.
8. Members will not use cell phones/other devices during a meeting unless it is an emergency.
9. Members will not use foul language.
10. No alcohol will be consumed during group activities by members.
11. No self-injurious behavior, destructive behavior, threatening behavior or aggressive physical behavior will be tolerated.
12. Group leader has the right to ask any member to refrain from attending if in the best interest of the group or policies are not followed.

