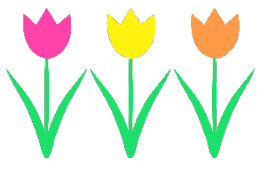




Studio Movie Grill

1998 - 2018



Spectrum is proud to team up with Studio Movie Grill (Duluth and Roswell) for the sensory friendly showings. SMG offers these movies FREE for children with special needs and their siblings.

Autism Support, Education & Resources

Adults pay just \$6 per ticket. Check out SMG's current special needs showings at [www.studiomoviegrill.com](http://www.studiomoviegrill.com)

# Spectrum Winter/Spring 2018 Newsletter

## Spectrum Monthly Meetings

Our Winter/Spring line-up has been set for our monthly meetings. Meetings take place the 1st Thursday of each month at the **First Baptist Church of Duluth** (2908 Duluth Hwy, Duluth, 30096) from 6:30-8:00 pm. Most meetings have break-out sessions for our Dads Group, Parents of Adults with Autism and Parents of Individuals with Asperger's in addition to the main topics —check the website for more details. [www.atl-spectrum.com](http://www.atl-spectrum.com)

- January 4: **Main session: "Peace, Love and Harmony and the IEP"**, Parent to Parent of Georgia  
**Breakout session #1: Scent Imprint; Service dogs for autism**  
**Breakout session #2 for parents of Preschool and Younger kids: "Floortime Interactive Relational Social Skills Training"**, Susan Carney RN, MSW and Laurie Botstein, MS, CCC-SLP
- February 1: **Main session: "Parenting and Technology: Social Media Awareness"**, Connie White, Director of Learning and Design Innovation, Woodward Academy  
**Breakout session #1: "Mind Full or Mindful?"** Dr. Andrew Roach, Center of Leadership in Disability, Georgia State University  
**Breakout session #2: "Ionized Alkalized water and your brain"**, The Atlanta Water Store
- March 1: **Spectrum Summer Camp Update**, Mary O'Connell, Camp Director  
**Main session: "What Every Parent Should Ask about Potential Treatment Providers"**, Dr. Rachael Yosick, licensed psychologist  
**Latino Family Night!** We will host a Breakout session in Spanish: **"Advocacy and Knowing your Parental Rights"**
- April: **No meeting due to Spring Break**
- May 3: **Main Session: "Social Skills Strategies that Work"**, Val Schwan, Cumberland Academy  
**Breakout #1: "How to Be Your Child's Best IEP Advocate"**, Presented by Edly: For the Love of Ability, Christy Calbos, Esq. and Debbie Dobbs, MS

**Note that we do not have meetings during June, July or August during the Summer break.**

**Social Skills Groups and Childcare Offered During Monthly Meetings** Social Skills Groups for those with autism ages 5-adult are offered during our Thursday night meetings from 6:30—8:00. Additional groups are noted below:

- Teen Social Skills Groups** for those with Asperger's/High Functioning Autism,
- Middle School Groups** for tweens with Asperger's/Autism, **Sibling Social Group** (ages 5-12) and an **Adult Social Skills Group** for those ages 21 and up. **Childcare** is also offered for those 4 and under. No RSVP required for these groups. A \$5.00 donation is suggested to help cover the program costs. Respite/Waiver funds are accepted.

**\*\* Summer Camp Registration Opens February 1<sup>st</sup> \*\* Register quickly as spots fill up! \*\***  
**We'll be offering 7 weeks of day camp and Camp Journey**



**Lego Club**

### Gift of Time Respite

Gift of Time Respite is offered one Saturday per month in collaboration with First Baptist Duluth. The 2018 Winter/Spring schedule is

**January 20, February 24 \*(9:30-2:30),  
March 17, April 21, May 12**

Advance registration is required for all attendees. \$25 per child with autism and siblings are free. Respite or family

### Camp Journey Overnight Weekend

**Registration will open January 2nd!**

**March 23-25:** Camp Journey is Spectrum's overnight camp focused on social skills, building friendships, teamwork, manners, and self-esteem. Camp activities include directed social skills instruction in a typical overnight camp setting. Camp takes place at Camp Twin Lakes/Will-A-Way at Fort Yargo State Park, Winder, GA. Cost is \$220 per camper (Respite vouchers, waivers and family support funds can be used). Weekends are a great way to reconnect friends made during summer overnight camp.

Our weekends start at 6:30PM on Friday and end at 10AM on Sunday. Our staff are experienced certified teachers or paraprofessionals trained in the characteristics and strategies of individuals on the spectrum.

**Register at [www.atl-spectrum.com](http://www.atl-spectrum.com)**

### Upcoming Event Dates:

- MLK Family Day-Gladiators 1/15
- Dad's Night Out at Main Event 2/11
- Mom's Day Out 2/24
- Spectrum Wine Tasting 3/17
- Egg Hunt and Picnic 3/31
- Drama Club Production of "Into the Woods" 4/28, 4/29

**Please check website for details and to RSVP or buy tickets and to see more events!**

**Sign up for our monthly e-news  
at [www.atl-spectrum.com](http://www.atl-spectrum.com)**

**LIKE us on Facebook  
[@atlantaspectrum](https://www.facebook.com/atlantaspectrum)**