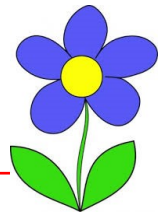




SPECTRUM

Autism Support Group, Inc.

www.atl-spectrum.com



Winter/Spring 2017 Newsletter

Spectrum Monthly Meetings

Our Winter/Spring program has been set. Meetings take place the 1st Thursday of the month at **First Baptist Church Duluth** (2908 Duluth Highway 120, Duluth) from 6:30-8:00 pm.

In addition to the main topic, most meetings have break-out sessions for our Dads Group, Parents of Adults with Autism and Asperger's and our Adults with Autism group—watch the listserv for more details each month.

Note that we do not hold monthly meetings during the summer break

- January 5: **"Protect Your Child's Benefits: Nuts and Bolts of Medicaid Waiver Appeals and Special Needs Trusts"** Presented by DJ Jeyaram, Esq.
"Move on When Ready— a Discussion of Dual Enrollment" presented by Karen Howell, Gwinnett Technical College
 - February 2: **"How to Tell Your Child They Have Autism and How to Be Their Best Self-Advocate"** Presented by Dr. Deanna Luscre
"Is Medication an Option for My Child (for focus, sleep, anxiety, behavior, OCD)" Presented by Dr. Roy Sanders
 - March 2: **"Driving on the Spectrum -- Assessing Your Child's Ability to Learn to Drive"** Presented by Therese Graham
"Balancing Needs of The Now and the Needs of The Long View" Presented by Moshe R. Manheim LCSW
- There will be no April meeting due to Spring Break
- May 4: **"Dealing with Challenging Behaviors at Home and in the Community"** (speaker TBA)

Social Skills Groups & Childcare Offered During Monthly Meetings

Social Skills Groups for those with autism ages 4-adult are offered during our Thursday night meetings from 6:30—8:00. Additional groups are noted below:

Teen Social Skills Groups for those with Asperger's/High Functioning Autism, **Middle School Groups** for tweens with Asperger's/Autism, **Sibling Social Group** (ages 5-12) and an **Adult Social Skills Group** for those ages 21-30. **Childcare** is also offered for kids under age 4. No RSVP required for these groups. A \$5.00 donation is suggested to help cover program costs. Respite/Waiver funds are accepted.



Spectrum Autism Support Group

Saturday Social Skills Groups

Spectrum Fun & Friends Group

Designed for elementary, or middle/high children with moderate ASD

Spend a Saturday participating in fun activities, working on social skills and adaptive behaviors in a small group setting.

Cost: \$50 per Saturday (4th Saturday of the month-school year only).

Saturday Social Skills Group

Geared to elementary age children with HFA/Asperger's. The group will meet from noon to 4PM

on the 2nd Saturday of the month (school year only)

The cost is \$35 plus a \$2.50 registration fee.

Respite vouchers, waivers and family support funds can be used for both groups.

Both groups meet at New Directions in Suwanee

Get more info at
www.atl-spectrum.com

Summer Camp!



Spectrum will offer 7 weeks of summer day camp at Lawrenceville Church of God for children ages 4 and up.

Registration will open February 1st for returning campers and February 20 for new campers—watch the website and listserv for details.



MOM'S DAY OUT "Queen for a Day"

February 25 (10 am —2 pm)
Sugarloaf Country Club
(2595 Sugarloaf Club Dr, Duluth)

Join us for our third annual Mom's Day Out—
an event for Moms to relax and be treated
like royalty for a day—lunch provided!

Please bring a bag of your favorite candy
(about 60 pieces) to help fill our Candy Bar ☺

Mom's Day Out tickets are \$25 per person
and must be purchased in advance on the
website

Respite is available from 9:30-2:30 at
First Baptist Duluth.

\$25 per child (siblings free; vouchers
accepted)

**Purchase tickets and register for respite at
www.atl-spectrum.com**

Gift of Time Respite

Gift of Time Respite is offered one Saturday per
month in collaboration with First Baptist Duluth.
The 2017 schedule is:

**January 21, February 25
March 18, April 15, May 20**

Pre-registration is required for all attendees.
\$25 per child (siblings free)
Respite vouchers accepted

RSVP at www.atl-spectrum.com

Spectrum Drama Club Presents "You're a Good Man Charlie Brown" Spring 2017

Our Drama Club has been hard at work on their
spring production!

Come out and support our actors!
Show dates and ticket details
to be posted via the listserv and
website in early Spring.

Spend MLK Day with Spectrum and the Atlanta Gladiators

Monday, January 16 (12:35 pm)

Ticket info can be found on our website. This is
always a popular event for our families and a great
way to spend the school holiday!



Camp Journey Overnight Weekend March 24-26

Camp Journey is Spectrum's overnight camp
focused on social skills, building friendships,
teamwork, manners, and self-esteem. Camp
activities include directed social skills instruction
in a typical overnight camp setting. Camp takes
place at Camp Twin Lakes/Will-A-Way at
Fort Yargo in Winder, GA.

The weekends start at 6:30PM on Friday and end
at 10AM on Sunday. Our staff consists of
experienced certified teachers or
paraprofessionals trained in strategies to help
individuals on the spectrum.

Register at www.atl-spectrum.com

SAVE THE DATE

Camp Journey summer camp June 25—30, 2017

STUDIO MOVIE GRILL

Spectrum is proud to team up with Studio Movie Grill
(Duluth and Roswell) for their **sensory friendly
showings**. Movies are shown with the lights up and
the volume lowered. SMG offers these movies FREE
for special needs kids and siblings. Adults tickets are
just \$6.

**5% of the proceeds from the "Chefs for Children"
menu benefit Spectrum.**

View schedule on our website or at
www.studiomoviegrill.com

Have a question for Spectrum?
Contact our Executive Director, Claire Dees, at Claire@atl-spectrum.com